# GUIDELINES FOR THE USE OF NON-POTABLE WATER IN FOOD BUSINESSES

#### Introduction

These guidelines provide information to help food businesses to ensure their water supply is safe for food preparation and human consumption.

Water supply to a food business may not be safe due to either an interruption to the treatment of the reticulated drinking water supply or the source of water is not from an adequately treated drinking water supply.

These guidelines will assist businesses where there's the possibility that the water supply is microbiologically unsafe. Concerns and issues regarding the chemical safety of the water supply should be raised with the environmental health officers from your local council or Public Health Unit.

### Potable water in food businesses

Food laws require food businesses to use "potable water" for all activities that use water on the premises unless the use of "non-potable water" will not affect the safety of the food.

Potable water means water that is acceptable and safe for human consumption and must be used in a food business for:

- Washing food and/ or food ingredients;
- Cooking;
- Adding to food and drinks;
- Making ice;
- Cleaning of food contact surfaces;
- Cleaning of food containers and utensils; and
- Personal hygiene.

Non-potable water can be used only when it will not affect food safety, such as the flushing of toilets, cleaning

non-food contact surfaces (eg. floors), or if it is treated to be safe for human consumption. If in doubt, please consult the environmental health officers from your local council or Public Health Unit. When the water supply is not guaranteed to be safe

- a. The reticulated drinking water supply to a food business has a temporary interruption to the treatment of that supply, maybe because of water treatment plant breakdown, fire, flooding etc.
- b. A reticulated water supply does not meet drinking water standards.
- c. A private supply such as:
  - Rainwater tanks; or
  - Ground water such as bores; or
  - Surface water sources such as a river or lake.

### Food laws and potable water

Standard 3.2.3 Clause 4 of the Food Standards Code (the Code) requires a food business to use potable water for all activities that use water on the food premises, unless the business demonstrates that the use of non-potable water will not adversely affect the safety of the food handled by the food business.

In addition, Standard 3.2.3 Clause 14 (2) of the Code requires hand washing facilities to be connected to, or otherwise provided with, a supply of warm running potable water.



Reticulated water meeting Drinking Water Standards

Temporary interruption to safety of supply

unsafe

Temporary treatment

Use commercially bottled water

Boiling

Disinfection by chlorine

Safe

Safe water for use by food business

Water from reticulated supply that does not meet Drinking Water Standards or a private water supply

Temporary interruption to safety of supply

unsafe

Permanent treatment

Contact local council or Public Health Unit

Disinfection by chlorine

Safe

Safe water for use by food business

Figure 1: When water is safe to use in a food business

# Possible health risks from non-potable water

# Microbiological Contamination

Contaminated water may contain harmful microorganisms, such as viruses, bacteria such as *Salmonella*, *Campylobacter* or *E. coli*, and gastro-intestinal parasites such as *Giardia* or *Cryptosporidium*. These harmful micro organisms, known as pathogens, are invisible to the naked eye and may be present in clear water.

Drinking water containing these micro-organisms can cause severe gastro-enteritis, possibly lasting for several weeks. Infants, the elderly and people with suppressed immune systems are more likely to be affected.

#### **Chemical Contamination**

Chemical contaminants are less common than microbiological contaminants, but can still be present in the environment.

Soil from old industrial, mining or agricultural areas may contain arsenic, heavy metals, pesticide residues or other chemicals. If dust is blown onto roofs and is washed into rainwater tanks, chemical residues may build up in the water. Runoff from roofs in urban or industrial areas may also contain chemical pollutants from the air.

Lead-based paints or flashing used on some older roofs may also flake off and be washed into rainwater tanks. Tar-based coatings can bind other harmful organic chemicals such as pesticides to the roof surface and also make it difficult to clean.

Harmful smoky residues from solid wood heaters can also condense near flues on roofs. These chemicals may leach from the roof surface over time and may be washed into rainwater tanks.

Aerial application of fertilisers and pesticides such as 'crop dusting' can sometimes result in these agricultural chemicals entering rainwater tanks. Agricultural chemicals may also drift or be washed into drains, irrigation channels, local streams and dams.

Whatever the water source, it is the responsibility of the food business to check what possible chemical contaminants can get into the water supply.



These guidelines address how to make the water supply safe if there is the possibility that the water supply is microbiologically unsafe. If you suspect that your water supply could be chemically unsafe, consult with your local council or Public Health Unit.

#### Water treatment methods

## Temporary treatment

There can be times when a water supplier may notify that its normally potable water supply will either be shut off for maintenance or has suffered from temporary contamination, which is usually microbiological but may be accompanied by dirty water. They may advise to boil the water for a short time or to treat any possible contamination in the water supply.

There are number of things a food business can do to ensure the safety of their water supply during a shortterm interruption.

Table 1: Temporary treatment

Water used for	Action or treatment	
Drinking	Use either commercially bottled water or water that has been brought to a rolling boil, that is the water is boiling vigorously for at least one (1) minute.	
Ice making	king If you need to make ice during this time, or make it from water that is suitable for drinking (see above).	
Washing of hands	Use a water container with a tap that contains either bottled water or water brought to a rolling boil for at least one (1) minute, or that has been disinfected with chlorine (see Chlorination guide on page 4)	
Cleaning of Equipment	For the cleaning of equipment, such as pots, pans, cutting boards, dishes and cutlery the following options can be considered:	
	• Sanitising by immersing the utensils in hot water at or hotter than 77°C for at least 30 seconds. As it is unlikely that a hot water system will deliver water at a minimum of 77°C at the sink, it may be necessary to use a water heater in the sink to maintain the temperature to at least 77°C or an um to feed water to the sink. A rinsing basket to submerge the utensils in the water is desirable for safety reasons.	
	<ul> <li>Using a commercial dishwasher capable of sanitising.</li> </ul>	
	<ul> <li>Using disposable cups, plates and other utensils.</li> </ul>	
	<ul> <li>Using a chemical sanitiser for cleaning eating and drinking utensils and for other utensils that require sanitising such as large mixing bowls, chopping boards, etc. that will not fit in the commercial dishwasher.</li> </ul>	
Cleaning of floors and non-food contact surfaces	If you want to sanitise these surfaces, washing in water with a concentration of chlorine 100- 200 mg/L is adequate.	

**Note:** In sewered areas, the responsible authority should be consulted as to whether discharge of effluent containing these concentrations of chlorine are permitted. Also care should be taken if you have a septic tank as this may compromise the septic system. Please consult your local council or Public Health Unit.



#### Permanent treatment

Food businesses can either follow the advice in the previous section on a more permanent basis or seek a longer-term solution to managing the safety of their water supply.

# Treating water in a water storage vessel – such as a water tank

If the water source is from a non-potable water supply, groundwater or surface water, a practical way to ensure the water supply is safe is to periodically fill a water storage vessel from the water supply and treat the water in the vessel with chlorine.

Storage vessels for treated water should:

- be clean;
- have covers;
- be above ground level;
- be in a cool position;
- be cleaned periodically;
- be mosquito proof; and
- be unlikely to taint the water (seek advice from manufacturer).

# **Chlorination guide**

- The initial dose should give a free chlorine residual of 5.0 mg/L.
- There should be enough chlorine to give a free chlorine residual of 1.0 mg/L after 30 minutes contact time.
- Check after 30 minutes using a colour comparator, like the ones used for swimming pools.
- If necessary, add more chlorine to ensure that the required minimum of 1.0 mg/L maintained for 30 minutes, is achieved.
- Each time the storage vessel is running low, refill it and re-treat with chlorine.
- Chlorinate each time the storage vessel is filled with water from a non-potable source.
- Tables 2, 3, and 4 outline how much available chlorine is required to achieve the free chlorine residual target.
- Some household bleach contains alkalis and other chemicals such as perfumes. The alkalis in

these products will increase the pH of the water, often above pH 9which is not satisfactory. Make sure to source a suitable chlorine product.

Table 2: Volume of household bleach (4% available chlorine) required to achieve the free chlorine residual target

Water volume to	To achieve a concentration of			
be treated	5mg/L	100mg/L <sup>1</sup>	200 mg/L <sup>1</sup>	
5 litres	0.63 ml	12.5 ml	25 ml	
1000 litres	125 ml	N/A	N/A	
5000 litres	625 ml	N/A	N/A	

Table 3: Volume of liquid sodium hypochlorite (12.5% available chlorine) required to achieve the free chlorine residual target

Water	To achieve a concentration of			
volume to be treated	5mg/L	100mg/L <sup>1</sup>	200 mg/L <sup>1</sup>	
5 litres	0.2 ml	4 ml	8 ml	
1000 litres	40 ml	N/A	N/A	
5000 litres	200 ml	N/A	N/A	

Table 4: Amount of "swimming pool" chlorine (HTH) (65% available chlorine) required to achieve the free chlorine residual target

Water volume to be treated		To achieve a concentration of 5mg/L
1000 litres		8 gm
	5000 litres	40 gm



<sup>&</sup>lt;sup>1</sup> Only for cleaning of floors and non-food contact surfaces

#### Alternative permanent water sterilisation methods

There are many methods that can be used to treat the water supply for microbiological safety. Two such treatment methods that are chemical free are ultraviolet sterilisation and ozone treatment.

Search online for 'water treatment or equipment' for alternative water sterilisation methods.

If you have any doubts as to what to do, employ the services of a water treatment expert to advise the best solution to meet your business needs, or contact your local council or Public Health Unit.

# Regular microbiological and chemical testing

Verify that the water treatment methods are working by arranging periodic samples for microbiological analysis.

Chemical analysis of the water could also be prudent for example when a new bore is used or rainwater tanks following bushfires. Consult your local council or Public Health Unit regarding what to sample and how often.

#### Water testing

Many analytical laboratories in NSW can advise on chemical, microbiological and algal testing of water.

Search for 'water testing' online to find a local laboratory.

# Alternative permanent water sterilisation methods

Ultraviolet steriliser	Ultraviolet (UV] sterilisers can be installed at point of entry of water to the business to destroy pathogenic organisms.
	UV disinfection is less effective in dirty or cloudy water as the light cannot penetrate the water. Filtration maybe necessary to remove suspended particles before UV disinfection.
Ozone treatment	Uses ozone gas to treat the water. Consult a water treatment expert for advice.

Other methods

Consult a water treatment expert or the local council or Public Health Unit.

#### **Further information**

- NSW Health page on water quality www.health.nsw.gov.au/environment/water/pages/def ault.aspx
- NSW Health. (2016). New South Wales Private Water Supply Guidelines.
   https://www.health.nsw.gov.au/environment/water/Pu blications/private-water-supply-guidelines.pdf
- Australian Government Department of Health. (2010).
   Guidance on use of rainwater tanks,
   <a href="http://www.health.gov.au/internet/main/publishing.nsf/">http://www.health.gov.au/internet/main/publishing.nsf/</a>
   content/ohp-enhealth-raintank-cnt.htm

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About the NSW Food Authority: The NSW Food Authority is the government organisation that helps ensure NSW food is safe and correctly labelled. It works with consumers, industry and other government organisations to minimise food poisoning by providing information about and regulating the safe production, storage, transport, promotion and preparation of food.

Note: This information is a general summary and cannot cover all situations. Food businesses are required to comply with all of the provisions of the Food Standards Code and the *Food Act 2003* (NSW).





